

MetLife Insurance for Members

A benefit covered by your Membership Dues*

**\$10,000
Basic Life**

Distributed to beneficiaries

**\$10,000
Accidental Death
& Dismemberment**

Distributed to beneficiaries

**\$1,500/month
Long-term
Disability**

DON'T FORGET TO DESIGNATE YOUR BENEFICIARY

Types of life insurance beneficiaries

Primary

Your first choice to receive the insurance proceeds after your death. A beneficiary can be an individual, your estate, a trust, charity, organization or a combination thereof

Secondary or Contingent

Receives the insurance proceeds only if all the primary beneficiaries are deceased at time of insured's death

None

If no beneficiary designation is on record, life insurance proceeds are paid according to the group certificate, which may not correspond to your wishes

How to designate your beneficiaries

Go to

www.metlife.com/mybenefits

Enter

North Central States Regional Council of Carpenters in the Account Access box

Sign In

or click Register Now to set up your account on the My Group Benefits page

Select

View your policy information from the My Accounts summary page

Click

Term Life Insurance and Accidental Death and Dismemberment

Click

Beneficiaries from the top of the page. Follow the instructions to complete the form

Changes to your beneficiary are effective immediately

For more information

Regarding beneficiary designation

MetLife at 866-549-2401
Representatives are available to assist you
Monday - Friday
7 a.m. - 10 p.m. (central time)



Regarding all Metlife claims

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* FOR THOSE WHO QUALIFY INCLUDING, BUT NOT LIMITED TO; THOSE IN GOOD STANDING, UNDER 65 YEARS OF AGE AND NOT RETIRED

Please visit northcountrycarpenter.org for more information on qualifications