

COVID-19 Cleaning and Disinfection for the Work Site



Local Department of Health will notify the employer if an individual is a probable or confirmed COVID-19 case. The following are current CDC recommendations, but the organization can go beyond these steps:

- If more than 7 days since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary - continue routine cleaning and disinfection
- If possible, wait up to 24 hours before beginning cleaning and disinfection
- Close off areas used by the ill persons and wait, if practical, before beginning cleaning and disinfection to minimize the potential for exposure to respiratory droplets
- Open outside doors and windows to increase air circulation in the area
- PPE minimally includes disposable gloves and gown/cover jacket (water-proof preferred) as well as what is specified by the product label
- If splash or spray is possible, eye protection would be added
- When done cleaning, bag all trash, remove PPE and wash hands
- Clean and disinfect **all areas used by the person who is sick**, such as offices, bathrooms, common areas, shared electronic equipment
 - Clean the surface first with detergent or soap following manufacture instructions – this step cannot be skipped
 - Non-porous (solid) surfaces most readily available disinfectant is diluted bleach solution – do not add any other products or solutions, and ensure it is not expired
 - Make the solution daily and held in a non-opaque container
 - 5 tablespoons (1/3rd cup) bleach per gallon of water or
 - 4 teaspoons bleach per quart of water
 - Hand-applied is preferable
 - Can use a sprayer for larger areas but add respiratory protection
 - Surface needs to remain wetting for one minute, so it is best if you let it air dry
 - For soft (porous) surfaces such as the carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces
 - Use surface disinfectant spray as directed or
 - Launder items per the manufacturer's instructions using the warmest appropriate water setting and then dry items completely
 - Electronics (tablets, touch screens, keyboards, remote controls)
 - Follow manufactures' instructions – If no guidance, use alcohol-based wipes or sprays containing at least 70% alcohol. Dry surface thoroughly.

Reference:

[CDC Cleaning and Disinfecting Your Facility webpage](#)

[NCSRCC on-demand video: Cleaning and Disinfection](#)

[Cleaning and Disinfection After a Confirmed COVID-19 Case Infographic](#)