



## **CORONAVIRUS UPDATES AND HEALTH TIPS**

Visit www.northcountrycarpenter for updates and videos on Tips to Stay Healthy.



#### **CLEANING AND DISINFECTION**

Daily cleaning and disinfection of restroom or portable toilets and common eating areas.



## **WASHING STATIONS**

Sites should have washing stations for individuals to wash hands often with soap and water for at least 20 seconds.



## **AVOID TOUCHING FACE**

Avoid touching your eyes, nose, and mouth with unwashed hands.



## PRACTICE PHYSICAL DISTANCING

Practice physical distancing (6 feet from others) when possible, including staggering breaks and lunches.



## **COVER MOUTH AND NOSE**

Cover your mouth and nose with the inside of your elbow or shirt when coughing or sneezing.



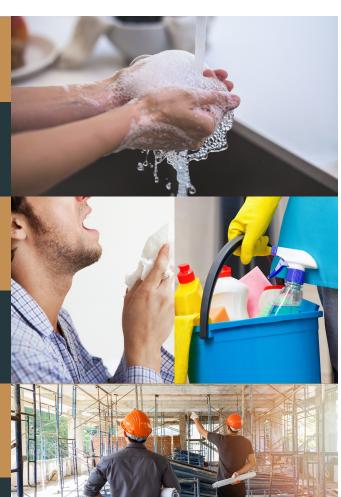
## **AVOID USING OTHERS' EQUIPMENT**

Avoid using other employees' phones, desks, work tools and equipment when possible.



## **STAY HOME IF SICK**

Stay home if you have a fever, cough, or shortness of breath. Ill individuals will be sent home.



# **CONTACT US**

If you have questions or concerns about COVID-19 safety at your work site, please call:

651-379-0277