

WHY COULD THE INFLUENZA VACCINATION BE A PRIORITY FOR YOU?

- 1.** Vaccination is the number one way from preventing illness (followed by clean hands)
- 2.** Saves medical resources including ill medical visits, immediate care and emergency service visits, and hospitalizations
- 3.** Protect your loved ones – your vaccination protects those around you who can not be vaccinated, or vaccine alone does not provide enough protection (e.g., infants, older individuals)
- 4.** Protect people with diabetes, heart disease, cancer, autoimmune disease, or breathing difficulties – chronic conditions have a greater chance of hospitalizations and complications
- 5.** Save time – most individuals who become ill with influenza are out of work for a week
- 6.** Reduce severity of illness – even after vaccination if you become ill, the illness severity will be less with a shorter duration

